Extrication Seminar
19.3.2010, Zlín (Vsemina) - CZ
www.rally-safety.com

Extrication from the Rally Car
(Safety training programme mainly for First aid services - ambulances)

One day training for the doctor and his deputy from all the FIA European rallies. The doctors will be trained in a theoretical and also practical way.
General information

In the general point of view the rally in Europe have the higher standard compared to the others out of the Europe. However, you can also see the differences between the countries.

Flaws can be found in all the parts of the organization of the rallies, as not all the people knows the regulations, they do not behave in the same way, they do not know what to do in case of extraordinary situations, etc.

Many years ago we started to think about the safety more thoroughly and found out that almost all the parts of the rally were being trained - the organizers, marshals, rescue teams etc. However, nobody trained the First Aid Services. (ambulances with the staff).

Certainly there are a couple of people ready on the special stage in the case of accident - for example the ambulance, rescue team etc. Nevertheless, only the doctors are responsible for Extrication from the Rally Car. Further, the ambulances on the rally are moreover ready to the situation similar to the normal traffic and not ready for the situation that might happen only on the rally and its special conditions. (Cage, belts, helmets, HANS, seats, etc). Now it is evidently that these extraordinary situations have to be trained and showed as the rescue workers might cope with it. Subsequently, the consequences of the rally accident might be less serious.

Thus, we would like to prepare the guide (book, video, presentation) for general use all over the world. Further, one training full of the theoretic and the practical parts.

Extrication materials

The main goal is to prepare the manuals and equipment for the training of First Aid services all over the world. The doctors of each rally from whole FIA European rallies will be trained by us and after the materials will be given to them to apply it in national level.

1) Guide book for extrication in paper

2) Powerpoint presentation with videos for training

3) Video guide for extrication

4) Extrication trainer fully variable to several types of accidents and types of extrication Prepare the Extrication trainer fully variable to several types of accidents and types of extrication with full equipment seat.
Brief programme of Extrication training
19.3.2010
- Arrival of the doctors one day before the training
- Welcome dinner (20:00)
- one night sleep
- breakfast (7:00 - 8:30)
- theoretical part (9:00-11:30)
- lunch (11:15-11:45)
- practical part (13:30-16:00)
- end of the training (17:00)
- dinner at the hotel (19:00)
- second night sleep
- leaving home

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### Individual Entry Form

<table>
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<th>Friday 19.3.2010</th>
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#### Transport

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#### Food

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#### Signature

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**Supported by**

**FIA Motor Sport Safety Development Fund**